2: Krige and Krige E-5 (1928-1939)1943
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757 end of the horn being closed by a piece of beeswax, in which a small hole can be made when the mouth is applied for suction. Vein-cutting, however, requires greater skill, though even this operation is outside the province of the diviner. A vein on the back of the hand or on the instep is lifted with an awl and cut with a piece of iron or a razor blade. When enough blood has run out, cold water is applied and the cut held tightly with the fingers to stop the bleeding. This is a common treatment for illness believed to be due to unwanted blood in the body.

304 757 Scarification, except in the mutual inoculation and blood mixing of husband and wife prior to their first sexual intercourse after marriage and after the death or miscarriage of a child, is a treatment that is directed less at the evils of blood than towards a strengthening of the body or part of the body by the insertion of medicine. It is used in curing headache, for [752] sprains and broken limbs, and for all 'strengthenings', such as that prior to taking a child out of the hut for the first time or the 'fixing' of one's body against witches. For general strengthenings, incisions are made on all the joints and on other parts of the body, such as head and neck depression, which are considered important. Scarification is, with the drinking of medicine or eating of powders, quite the most common form of medical treatment; it is used in the home as much as by diviners and forms part of many other treatments, such as the vapour bath. By far the most 751 interesting form of scarification is, however, '*ku thomela*' (vaccination) against smallpox in which matter from the pustules of affected persons, mixed with other medicines, is inoculated to introduce the disease in a mild form. It is done on the dorsal side of the wrist or on the forehead, a pattern which supports the claim that it was known prior to the advent of the European; moreover, the ingredients of the serum used by Euro- [771] peans are not known. Possibly the treatment was borrowed from Arabs, who were the first to study smallpox and measles. The old method was [744] still widely practised in the 1938 smallpox epidemic, for, though it was realized that it 'called' the disease instead of curing it, people noted that, despite European vaccination, there was still much illness.

757 Steaming and the vapour bath also form part of the practical elements in Lovedu medicine. There are various forms of steaming and smoking, all of which go by the same term. To 'loosen' a cough, chips of a certain [783] root may be placed in a pipe with a live coal and smoked; to purify a person after a death, chips are charred on a potsherd and the smoke [744] inhaled through a reed; before being taken out of the hut, a new-born child is held naked in the smoke of burning chips or root and bark; boils and other swellings are brought to a head by the application of the steam of boiling roots. To cure fever or general weakness of the body after an illness and for purification of husband and wife after the death of a child the procedure is more complicated. Red-hot stones are put into a large pot of medicated water and when it bubbles and boils the patient, naked except for a cloth passed between the legs, is covered with a blanket and steamed. After much spluttering and shouting, he is taken out, sprinkled or washed down with cold water and then either scarified on the joints or subjected to *ku kata*—that is, a river stone is pressed on the joints and is later taken back to the river. This treatment is considered too drastic